

# 'intheknow'

education + networking sessions

## RICHMOND COMMUNITY SITE



'in the know' is a monthly networking and information sharing session that explores topics related to child and youth mental health and substance use challenges for families and those working with young people and families.

Participate in person at a community site near you or view a webinar from our library online anytime.

For more information and other topics go to  
[www.familysmart.ca/in-the-know](http://www.familysmart.ca/in-the-know)



'in the know' webinars and  
guest speaker presentations  
are free of charge.

all are welcome!

**Child & Adolescent Program-**  
**200 - 6100 Bowling Green Road,**  
**Richmond**  
*(Please ring bell for entry into building)*

### **“Unfolding conversations”**

**Learn about the simple tips and tools we have developed from listening to 400 young people share what is helpful - and what is not - when talking with them about their mental health (webinar and support group)**

**Wednesday, May 31, 2017**  
**6:30pm – 8:00pm**

**Please RSVP by phone or email to:**  
**Jamie.agtarap@familysmart.ca / 1.855.887.8004**