

Kindness Challenge Week

Diefenbaker 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Invite Someone over to play ²⁶</p> 	<p>Help your teacher clean up the class ²⁷</p> 	<p>Pink Shirt Day! Wear Pink Today ²⁸</p> <p>Pick up garbage that isn't yours</p> 	<p>Eat as many healthy foods as possible ²⁹</p> 	<p>Go for a walk! get fresh air to keep your body healthy! ¹</p> 

What small acts of kindness will you do today?
How might a small act of kindness change someone's day?