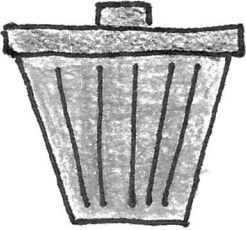
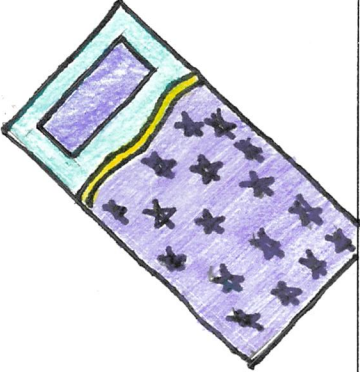
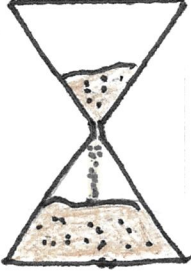
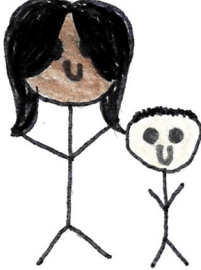



Kindness Challenge Week

Diefenbaker 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Pick up garbage you see 26</p> 	<p>Sleep Earlier 27</p> 	<p>Pink Shirt Day! Wear Pink Today 28</p> <p>Reduce screen-time</p> 	<p>Play with a younger person 29</p> 	<p>Thank your teacher 1</p> 

What small acts of kindness will you do today?
 How might a small act of kindness change someone's day?