



**JOIN SWIS & FSGV  
FOR OUR  
SPRING COOKING  
SESSION**

**Explore quick lunches and  
nutritious school lunch ideas  
making lunch boxes a breeze for  
busy parents.**

**MAY 13, 2024**  
**9:30 AM TO 11:30 AM**  
**CARING PLACE: 7000 MINORU BLVD.**

**DON'T MISS OUT - RESERVE  
YOUR SPOT TODAY!**  
**MORE INFO: MBHARAJ@SD38.BC.CA**

**TO REGISTER** **CLICK HERE** 

