

# TRY LACROSSE



**SIGN UP NOW** FOR ONE OF THESE **FREE** SESSIONS!

NO EQUIPMENT NEEDED

AVAILABLE TO CHILDREN BORN BETWEEN 2013 AND 2020

**JANUARY 25<sup>TH</sup> 2 - 3 PM**

**FEBRUARY 1<sup>ST</sup> 10-11AM**

**FEBRUARY 8<sup>TH</sup> 10-11AM**

**FEBRUARY 23<sup>RD</sup> 10-11AM**

**TOMSETT ELEMENTARY SCHOOL**

GYM: ENTRANCE AT THE BACK SIDE OF THE SCHOOL

**REGISTER  
HERE!**





CO-ED AND FEMALE TEAMS

**BOX REGISTRATION OPEN!**

**EARLY BIRD IS EXTENDED  
UNTIL JANUARY 31<sup>ST</sup>!**

**SIGN UP TO RESERVE YOUR SPOT!**

**NEW U7 AND U9  
PLAYERS RECEIVE  
A FREE STICK!**

- Lacrosse is Canada's National Summer Sport
- A great Team Sport for Girls & Boys 5-21
- Indoor Box Season runs from April-June
- Offering excellent Conditioning, Teamwork & Sportsmanship



**WWW.RICHMONDLACROSSE.COM**

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