

CARE AND SUPPORT FOR FAMILIES



Parenting when Anxiety Shows Up as Anger-Online Session

Anxiety in our kids can show up as anger making parenting extra challenging. Karen Peters, Registered Clinical Counsellor, shares with us some strategies that can help us before, during, and after these hard moments.

孩子的焦虑可能会以愤怒的形式表现出来，这会让养育孩子更加困难。加入我们，与注册临床咨询师凯伦·彼得斯一起探索一些策略，这些策略可以在这些艰难时刻之前、期间和之后帮助我们。

Wednesday, November 19, 2025

10:00 am to 11:30 am

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